

# San Francisco Whole Person Care

California Medi-Cal 2020 Waiver Initiative

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Health Commission

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## SF WHOLE PERSON CARE

- San Francisco's WPC
- Getting and Keeping Homeless People on Medi-Cal
- Approach to IT Solution
- Target Population
- Approach to System of Care Transformation

# WHOLE PERSON CARE AWARD – SAN FRANCISCO



FUNDING

**\$18M New**  
**\$18M Match**  
**Thru Dec 2020**



TWO-PRONGED  
INNOVATION APPROACH

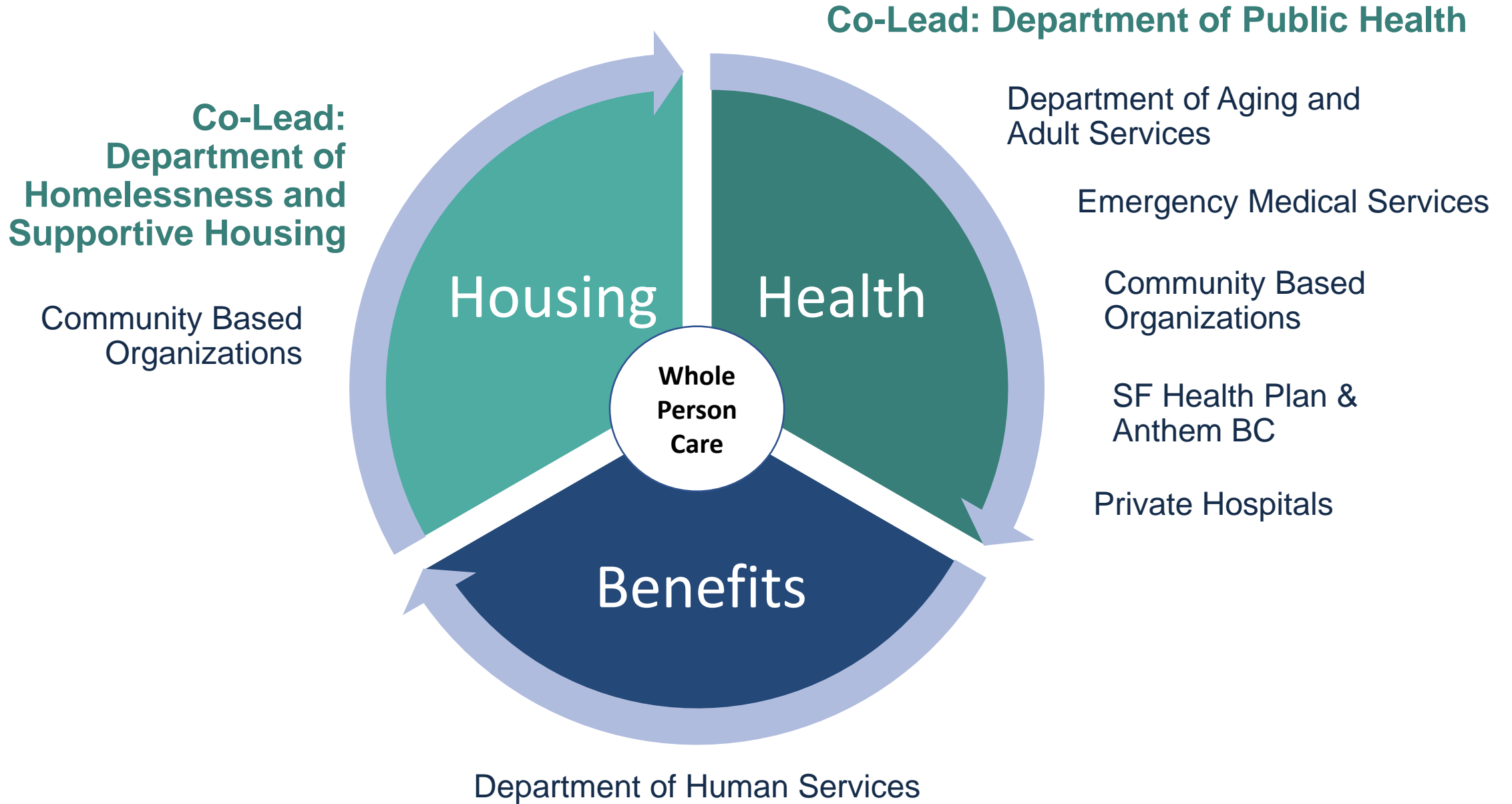
**Services / Care**  
**Coordination**  
**& Tech Solutions**



TARGET POPULATION

**Homeless**  
**Single Adults**

# WHOLE PERSON CARE A MULTI-AGENCY EFFORT

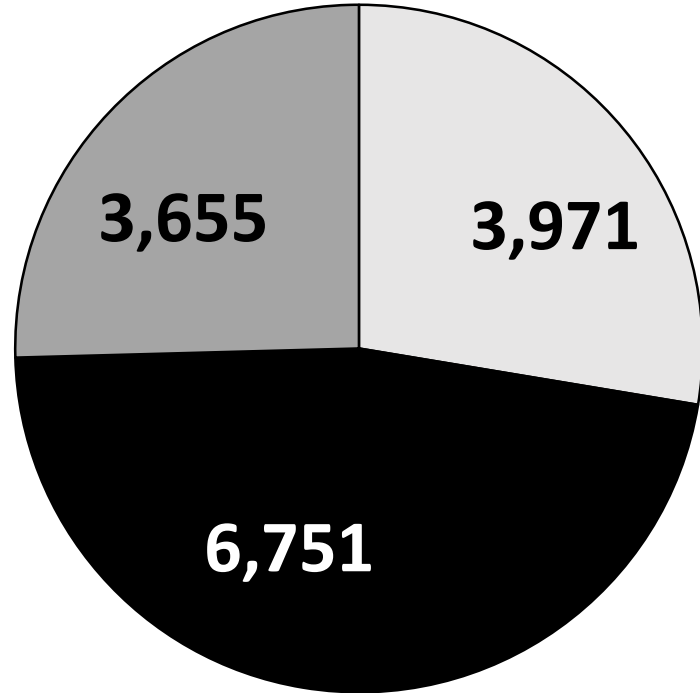


# WPC

## Performance Goals / Metrics

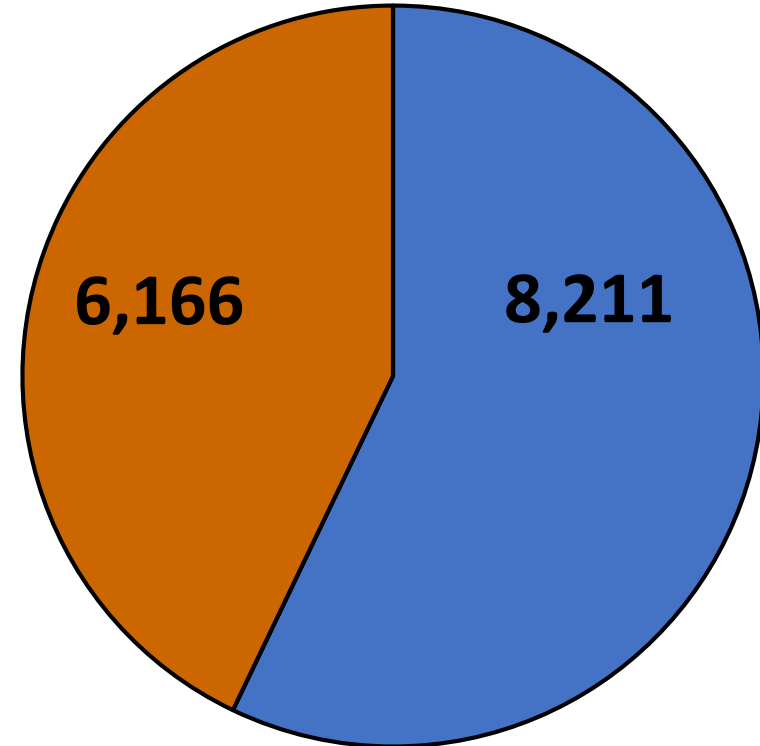
HEALTH OUTCOMES	HOUSING OUTCOMES
<ol style="list-style-type: none"><li>1. Reduce Emergency Department Utilization</li><li>2. Reduce Inpatient Hospital Utilization</li><li>3. Increase follow-up after hospitalization for Mental Illness</li><li>4. Increase initiation and engagement in Substance Use Disorder treatment</li><li>5. Increase care plan accessible by team w/in 30 days of enrollment and annually</li><li>6. Increase TB clearance</li><li>7. Decrease 30 day Readmissions</li><li>8. Decrease Jail Recidivism</li><li>9. Increase Suicide Risk Assessment</li></ol>	<ol style="list-style-type: none"><li>1. Reduce/resolve Encampment days</li><li>2. Reduce time from encampment response (first encounter/touch) to placement</li><li>3. Increase referrals and engagement for housing services</li><li>4. Increase assessments for coordinated entry into permanent housing</li><li>5. Increase transition of high-need individuals from a permanent housing referral into placement</li><li>6. Increase reaching 6-month milestone in their permanent housing placements</li></ol>
REPORT ON PROGRESS	
<ol style="list-style-type: none"><li>1. Increase care coordination, case management, and referral infrastructure</li><li>2. Increase data sharing</li><li>3. Develop Universal Assessment Tool</li></ol>	

## 2017 - Homeless Served - 14,377



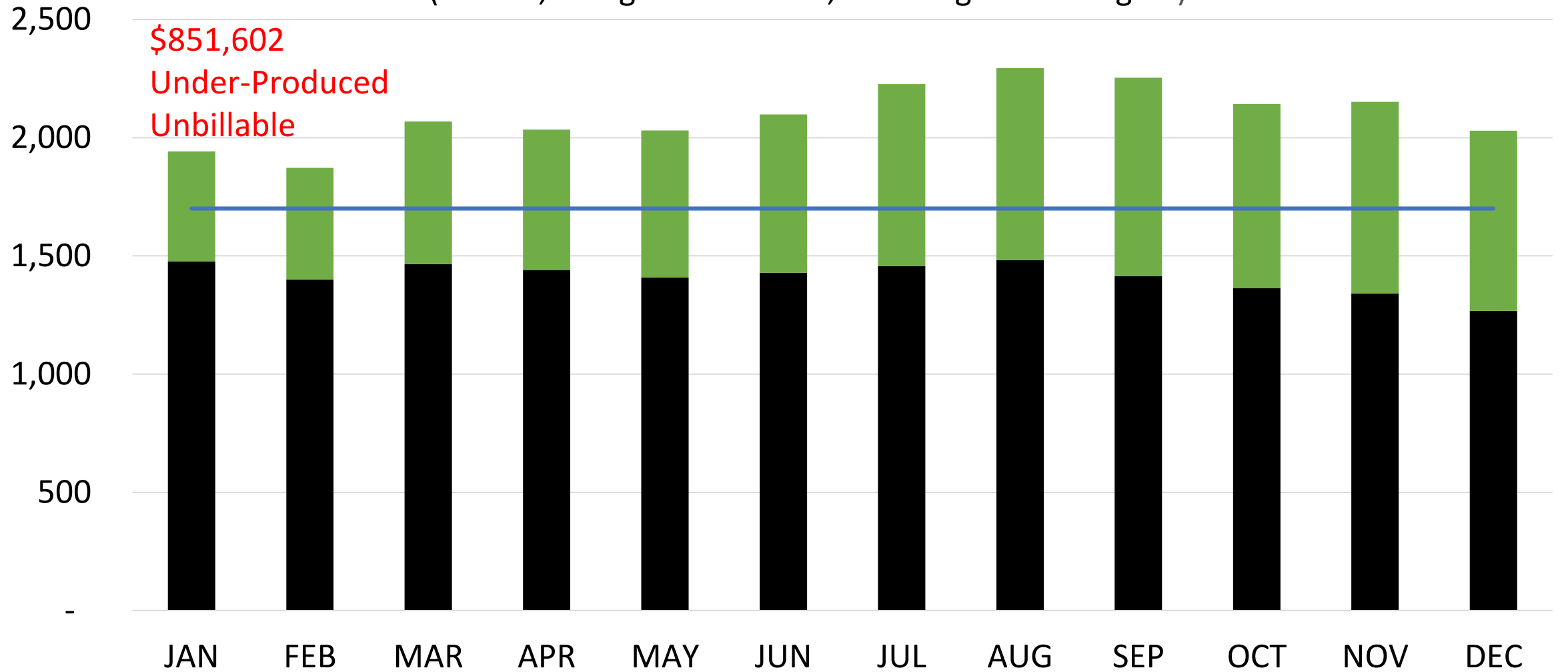
- Observed Homeless - Source: HSH/StrtMedShelter Health (ytd 28%)
- Self-Reported Homeless - Source: All Oth DPH Programs (ytd 47%)
- ▒ Source is both Observed & Self-Reported (ytd 25%)

## By SF Medi-Cal Status



- Total with SF-Medi-Cal (WPC Enrollees) (57%)
- Total without SF-Medi-Cal (not WPC Enrollees) (43%)

## 2017 Outreach and Engagement Services (Shelter, Navigation Centers, Sobering Center Nights)



WPC Enrollees (Homeless with SF M/C)
  Homeless\* No M/C or Incomplete Data
  2017 Target

\* Homeless in CCMS FY1516 or FY1617

# Getting and Keeping People Experiencing Homelessness on Medi-Cal





## FJORD SERVICE DESIGN – IMPROVING MEDICAL OBTAINING AND RETENTION

### Finding:

- Complex process
- ID lost/stolen
- Depends on checking mail
- No incentive
- Myths/confusion

### Finding:

Auto-renew process requires individual file annual taxes

### Finding:

- Temporary Medical in hospital is limited and does not auto-convert
- Inconsistent procedures within BHS

### Finding:

Myths and confusion abound with providers

**Implement  
Benefits  
Navigators  
Pilot**

**Advocate for  
Legislative  
Changes**

**Streamline  
Hospital and  
Behavioral  
Health  
Process**

**Develop  
Communication  
Strategy  
(Field Guide)**

# Benefits Navigator Pilot

- ❖ Goal to increase Medi-Cal, General Assistance (CAAP) and Food Stamp benefits access and enrollment
- ❖ Training HOT CMs in on-line benefits application process and stationing @ Next Door and MSC South shelters
- ❖ Using targeted data to reach 90-day shelter guests not on benefits
- ❖ Testing new business processes in Human Service Agency (where interviews are required to complete enrollment)
- ❖ Utilizing Data collection + CQI to tweak service design

# San Francisco's Approach to IT Solution



**WHOLE PERSON CARE  
DATA SHARING  
EVOLUTION**

**PANEL MANAGEMENT**

**POPULATION HEALTH**

**POINT OF SERVICE**

**INVOICING**

**FRONT END APPS**

**BACK END DATA**



**WPC  
Solution**

**DPH (EPIC)**

**HOMELESS &  
SUPPORTIVE  
HOUSING  
DEPT (ONE)**

**DEPT OF  
AGING &  
ADULT  
SERVICES  
(SFGETCARE)**

**DEPT OF  
HUMAN  
SERVICES  
(CALWIN)**

**HEALTH  
PLANS  
(PRE-  
MANAGE)**

**CALIFORNIA  
(DEATH  
REGISTRY &  
MEDS)**

## WPC Deliverables

**Data Sharing**

**Risk Assessment  
Tool**

**Shared Care  
Plans**

**Communiques  
& Alerts**

**System of Care**

## Quotes from the Future

*As a client, my case manager and doctors know me. I don't have to tell my story or fill out forms again and again.*

*As a provider, I understand how the system prioritizes clients into housing and into care. It's fair and flexible.*

*As a provider, I now know all aspects of my client's life that are impacting their situation. I have knowledge to tailor my support and am confident others will see my work.*

*As a client, if I go into the hospital, my care team is notified and they reach out to help.*

*As a client, I feel taken care of. I don't have to go to so many places to get the services I need. San Francisco has a system that meets me where I am.*

# San Francisco's Target Population and Approach to System of Care Transformation



## WHOLE PERSON CARE TARGET POPULATION

# San Francisco's integrated data system tracks homeless individuals over time

Total Homeless Adults  
Served by DPH Annually

**11,107**

Total Homeless Adults  
Served by HSH Annually

**~15,000**

### Risk Stratification Methodology:

#### High users of urgent / emergent health services

In top 5% of urgent / emergent services in medical, psych, and substance abuse systems

#### Experiencing long-term homelessness

Has over 10 years of continuous or periodic homelessness

#### Additional Vulnerabilities

Lessons from Homeless Death Review, Homeless Pregnancy, Public Injectors / Opiate Users

# Characteristics of HUMS



- Engages in Multiple Systems (medical, mental health, substance abuse) = fractured care
- Relies on urgent / emergent services – ED, PES, inpatient, urgent care, mobile crisis, ambulance
- Is less visible because not usually highest user of a single system
- Suffers from multiple disorders (serious medical, psych, addiction)
- Bares a higher burden of chronic diseases and premature death rates
- Is often homeless and difficult to engage





**Silo'ed  
Communication**

Information is siloed and difficult to share. Sharing is based on personal relationships.

**Insufficient  
Coordination**

Insufficient coordination of high-risk individuals results in gaps in care or duplication.

**Service and  
System  
Limitations**

Existence of system gaps and/or insufficient capacity.

**Provider  
Excellence**

Dedicated, compassionate, and caring staff go the extra mile to get work done.

**Innovative  
Services**

Successful, innovative, and compassionate services.

# San Francisco's Ecosystem of Care



**CARE COORD**

	Urgent and Emergent	Transition and Stabilization	Recovery and Wellness	
	←—————→			
<b>MEDICAL</b>	<ul style="list-style-type: none"> <li>Ambulance</li> <li>Emergency Room</li> <li>Inpatient</li> <li>Urgent Care Clinics</li> </ul>		<ul style="list-style-type: none"> <li>Primary Care</li> <li>Specialty Care</li> <li>Board And Care</li> <li>Rehab &amp; LT Care</li> </ul>	
<b>MENTAL HEALTH</b>	<ul style="list-style-type: none"> <li>PES</li> <li>Inpatient</li> <li>Acute Diversion</li> <li>Mobile / Westside Crisis</li> <li>Dore Urgent Care</li> </ul>	   <b>- Placement</b> <b>- Behavioral Health Access Center</b> <b>- Treatment Access Program</b> <b>- ICM (Sydney Lam)</b>     <b>Coordinated Entry</b>   	<ul style="list-style-type: none"> <li><b>Medical Respite</b></li> <li><b>Shelter Health</b></li> <li><b>Street Medicine</b></li> <li>Jail Health</li> <li><b>Residential Treatment</b></li> <li>Intensive Case Management</li> <li><b>Hummingbird Psych Respite</b></li> <li>Jail Psych</li> </ul>	<ul style="list-style-type: none"> <li>Outpatient</li> <li>Case Management</li> <li>Board And Care</li> <li>Outpatient/Peer</li> <li>Methadone Maint.</li> <li>Buprenorphine</li> <li>Permanent Supportive Housing</li> <li>Cooperative Living</li> <li><b>Housing Stabilization Services</b></li> <li>Rent Subsidies</li> </ul>
<b>SUBSTANCE USE DISORDER</b>	<ul style="list-style-type: none"> <li>Sobering Center</li> <li><b>Medical Detox</b></li> <li><b>Social Detox</b></li> </ul>		<ul style="list-style-type: none"> <li><b>Residential Treatment</b></li> </ul>	<ul style="list-style-type: none"> <li>Outpatient/Peer</li> <li>Methadone Maint.</li> <li>Buprenorphine</li> </ul>
<b>HOUSING</b>	<ul style="list-style-type: none"> <li>Street</li> <li>Vehicle</li> <li><b>Encampment</b></li> <li><b>Resource Center</b></li> <li>Emergency Shelter</li> </ul>		<ul style="list-style-type: none"> <li>Shelter Services</li> <li><b>Navigation Centers</b></li> <li>Stabilization Rooms</li> <li>Transitional Housing</li> <li><b>Housing Navigation Services</b></li> </ul>	<ul style="list-style-type: none"> <li>Permanent Supportive Housing</li> <li>Cooperative Living</li> <li><b>Housing Stabilization Services</b></li> <li>Rent Subsidies</li> </ul>
<b>SOCIAL</b>	<ul style="list-style-type: none"> <li>Incarceration</li> <li>No Benefits</li> <li>No Work</li> <li>No Community/Family</li> </ul>	<ul style="list-style-type: none"> <li><b>Benefits Navigation/Advocacy</b></li> <li>Cash Assistance</li> <li>Workforce Development</li> </ul>		<ul style="list-style-type: none"> <li>SSI</li> <li>Employment</li> <li>Food Stamps</li> <li>Meaningful Life</li> </ul>



## WHOLE PERSON CARE JOURNEY MAPPING WORKSHOP

Care providers and subject matter experts from San Francisco's system of care convened to map the experience of a hypothetical individual who has been homeless for more than 10 years and who is difficult to engage. The workshop helped to identify and prioritize opportunities from the providers' perspective and focus on the client and provider experience.



15-20  
Care Providers

Moment of  
Opportunity

Point of  
Engagement

Loosely  
connected

Stabilization /  
Engagement

De-stabilization



# Questions?

